

### Product Summary

Peace & Calming® is a gentle, fragrant blend of Tangerine, Orange, Ylang Ylang, Patchouli, and Blue Tansy with an aroma that's comforting and freshens the air. Diffuse to create a calming and peaceful atmosphere throughout home. Peace & Calming is a must have for every household, especially those with young children.

### Ingredients:

Citrus reticulata† (Tangerine) peel oil, Citrus aurantium dulcis† (Orange) peel oil, Cananga odorata† (Ylang ylang) flower oil, Pogostemon cablin† (Patchouli) oil, Tanacetum annuum† (Blue tansy) oil

†100% pure, therapeutic-grade essential oil

### Primary Benefits

- Helps create a calming and relaxing environment
- Diffuse for a peaceful and relaxing atmosphere at bedtime
- Helps freshen the air
- Helps improve the appearance of skin when applied topically
- Offers a peaceful aroma for yoga and meditation when diffused

### Suggested Use

- Topical: Dilute 1 drop with 1 drop of V-6™ Vegetable Oil Complex or olive oil. Apply to desired area as needed.
- Aromatic: Diffuse up to 1 hour 3 times daily.



### Cautions

- Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

### Complementary Products

- Lavender Essential Oil
- Citrus Fresh™ Essential Oil Blend
- German Chamomile Essential Oil
- RutaVaLa™ Essential Oil Blend
- Valor® Essential Oil Blend

### Did You Know?

- Orange essential oil has been studied for its ability to combat negative emotions and bring a deep sense of security.
- Ylang ylang is also known as the "perfume tree" and is widely used as an ingredient in perfumes.
- Tangerine essential oil (Citrus reticulata) is calming, with a sweet, tangy aroma similar to orange. It can help with occasional nervous irritability.
- The blue-green color of Peace & Calming is derived from the Blue Tansy essential oil.
- Orange essential oil contains d-limonene.