

Product Summary

R.C.™ Essential Oil Blend is a unique combination of Cypress, Spruce, and three types of Eucalyptus (*E. globulus*, *E. radiata*, and *E. citriodora*) oils, and includes the naturally occurring constituents eucalyptol and limonene. Rub R.C. on your feet or chest before exercise to uplift and inspire, or massage three drops on your feet before bedtime to encourage an atmosphere of comfort. R.C. can also be used in place of Aroma Siez™ in Young Living's Raindrop Technique®.

Ingredients:

Eucalyptus globulus† leaf oil, Myrtus communis† (Myrtle) oil, Origanum majorana† (Marjoram) leaf oil, Pinus sylvestris† (Pine) leaf oil, Eucalyptus radiata† leaf oil, Eucalyptus citriodora† oil, Lavandula angustifolia† (Lavender) oil, Cupressus sempervirens† (Cypress) leaf/nut/stem oil, Picea mariana† (Black spruce) leaf oil, Mentha piperita† (Peppermint) oil
†100% pure, therapeutic-grade essential oil

Primary Benefits

- Rub on feet or chest before exercising to uplift and inspire
- Rub 3 drops on feet before bedtime
- Use in place of Aroma Siez™ in Raindrop Technique®
- Includes the naturally occurring constituents eucalyptol, limonene, linalol, linalol acetate, and camphene
- Add to V-6™ Vegetable Oil Complex to create a spa-like soothing atmosphere with massage
- Diffuse to create a comforting aroma



Suggested Use

- Topical: Dilute 1 drop with 1 drop of V-6™ or olive oil and apply to desired area as needed.
- Aromatic: Diffuse up to 30 minutes 3 times daily.

Cautions

- Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

Complementary Products

- Rainstone™ Diffuser
- Aria™ Ultrasonic Diffuser
- Breathe Again™ Roll-On
- Dorado Azul Essential Oil
- Eucalyptus Blue Essential Oil
- V-6™ Vegetable Oil Complex

Did You Know?

- R.C. is especially beneficial when combined with Thieves®, Wintergreen, or Raven™ essential oils.
- R.C. contains three different types of Eucalyptus (*E. globulus*, *E. radiata*, and *E. citriodora*), all of which are high in the naturally occurring constituent eucalyptol.