

## PRODUCT SUMMARY

There are plenty of calcium supplements you can choose from, but Super Cal™ Plus was created to offer more than just calcium and minerals—it's a true bone-health supplement. With a synergistic blend of bioavailable calcium, magnesium, vitamins D and K, and other trace minerals, Super Cal Plus supports the structure, integrity, and density of bones and teeth. Plus, adequate intake of calcium and vitamin D throughout life as part of a well-balanced diet may reduce the risk of osteoporosis.\*

## KEY INGREDIENTS

Vitamin D, Vitamin K, Calcium, Magnesium (as Magnesium citrate), Marine minerals, Fermented polysaccharide complex, L-Lysine, and L-Arginine

## EXPERIENCE

We carefully selected the ingredients in Super Cal Plus based on the latest research currently available. In contrast to Super Cal, Super Cal Plus features plant-sourced calcium and minerals, as well as a fermented polysaccharide complex. Additionally, Super Cal Plus uses a proprietary essential oil blend and is an excellent source of calcium, magnesium, vitamin K, and vitamin D.\*

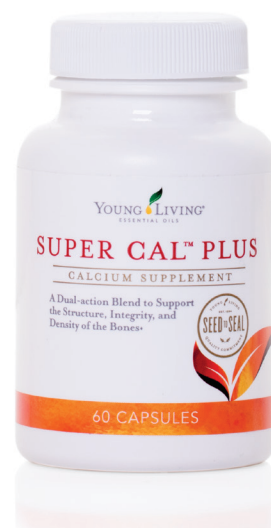
## FORMULATED WITH

Idaho Blue spruce (*Picea pungens*), Black spruce (*Picea mariana*), Copaiba (*Copaifera officinalis*), Vetiver (*Vetiveria zizanioides*), Peppermint (*Mentha piperita*)

## PRODUCT BACKGROUND

Young Living is always eager to provide quality nutritional supplements that use the latest studies and science in the health and wellness industry. After six years with Super Cal as an important part of our targeted support lineup, we decided to reformulate the supplement to create a product that utilizes exciting new information and research. This new formula contains bioavailable forms of calcium and magnesium, as well as a trace mineral complex specifically sought after by Founder and Chairman of the Board D. Gary Young.

# SUPER CAL™ PLUS



## BENEFITS AND FEATURES

- Uses a synergistic blend of bioavailable calcium, magnesium, and other trace minerals derived from red algae harvested off the coast of Iceland
- Features a dual-action blend that helps maintain and support the structure, integrity, and density of bones\*
- Promotes healthy bones by supporting the body's ability to resorb bone tissue (osteoclasts) and deposit new bone tissue (osteoblasts)\*
- Provides an excellent source of calcium, magnesium, vitamin K, and vitamin D
- Helps support and contribute to the maintenance of healthy bones using calcium, magnesium, and a unique matrix of trace minerals\*

# SUPER CAL™ PLUS



## DIRECTIONS

Take 2 capsules daily with food.

## CAUTIONS

- Keep out of reach of children. If you are pregnant or nursing, taking medication, or have a medical condition, consult a health professional prior to use.
- Store in a cool, dark place.

## Supplement Facts

	Amount Per Serving	% DV
Total Carbohydrate	<1 g	<1%*
Dietary Fiber	<1 g	2%*
Calcium (from calcium citrate)	242 mg	25%
Iron	0.7 mg	4%
Magnesium (from magnesium citrate)	119 mg	30%
Zinc (from zinc citrate)	30 mg	200%
Potassium (from potassium citrate)	60 mg	2%
Boron (as sodium borate)	1 mg	**
<b>Super Cal™ Blend</b>	5 mg	**
Marjoram ( <i>Origanum majorana</i> ) <sup>1</sup>	leaf oil	
Wintergreen ( <i>Gaultheria procumbens</i> ) <sup>1</sup>	leaf oil	
Lemongrass ( <i>Cymbopogon flexuosus</i> ) <sup>1</sup>	aerial parts oil	
Myrtle ( <i>Myrtus communis</i> ) <sup>1</sup>	leaf oil	

\*Percent Daily Values (DV) based on a 2,000 calorie diet.  
\*\*Daily Value not established.

## Other Ingredients:

Stearic acid, Non-GMO corn starch, Gelatin

## FREQUENTLY ASKED QUESTIONS

### Q. Why was Super Cal reformulated into Super Cal Plus? Will Super Cal still be available?

A. Super Cal Plus uses ingredients based on the latest research available. The calcium and mineral sources are different than Super Cal, and Super Cal Plus utilizes new methods shown to support healthy bones. Super Cal will continue to be a product in our nutritional supplement line only in certain international markets. MegaCal™, however, will continue to be part of the line for those who prefer a calcium supplement in powdered form.

### Q. How is the Super Cal Plus formula different from Super Cal?

A. Unlike Super Cal, the calcium and mineral ingredients in Super Cal Plus are derived from plant sources (red algae). Super Cal Plus also includes a fermented glucan

ingredient, herbal extracts, and vitamin D and K to work synergistically with calcium to support the structure, density, and integrity of bones.

### Q. When should I take the supplement? Can the dose be split into two smaller doses?

A. Mineral supplements are best taken close to bedtime with food; however, the efficacy is still adequate when taken at other times of the day. Super Cal Plus can be taken either in one full dose or separately as desired. Keep in mind that calcium impedes iron absorption. Allow at least four hours between taking Super Cal Plus and a supplement containing iron.

## COMPLEMENTARY PRODUCTS

Life 9™  
Item No. 18299



AgilEase™  
Item No. 5764



ComforTone™  
Item No. 3204



MultiGreens™  
Item No. 3248

