# Young Living

# SLIQUE SHAKE

# PRODUCT SUMMARY

Slique® Shake is a complete meal replacement that provides quick, satisfying, and delicious nutrition. Formulated with Slique Essence essential oil blend, this shake may support healthy weight management when combined with regular exercise and a sensible diet.\* In a convenient single-serving size packet, it's easy to slip into a purse or pocket for healthy eating on the go.

Slique Shake's berry flavor is great on its own or mixed with almond milk or fruit. This vegan formula contains no artificial colors, flavors, preservatives, or GMO ingredients. Slique Shake is sweetened with stevia, organic coconut palm sugar, wolfberries, and strawberries and uses pea protein, quinoa, wolfberry, pumpkin seed protein, and alfalfa grass juice—making it an excellent source of protein and dietary fiber. Slique Shake also includes a fruit and vegetable blend that provides essential vitamins and minerals that many meal replacement options don't offer.

#### KEY INGREDIENTS

Pea protein, quinoa, wolfberry, pumpkin seed protein, and alfalfa grass juice for vegan-friendly protein. Naturally derived B vitamins, including natural folate.

#### EXPERIENCE

Slique Shake is easy to mix in a shaker bottle or can be blended with fruit and other ingredients for a delicious smoothie. It has a mellow, light berry flavor and a smooth texture. As a complete meal replacement, this shake will leave you feeling full and satisfied.

#### PRODUCT BACKGROUND

Slique Shake was designed to be a vegan alternative to most protein shakes and meal replacements that use whey products for their protein source. Slique Shake relies entirely on plant-based ingredients such as pea protein and pumpkin seed protein for its 16 grams of protein and ingredients such as organic coconut palm sugar, wolfberries, and strawberries for its incredible flavor.

## DIRECTIONS

Add 1 Slique Shake packet to 8 ounces of water or the milk of your choice. Shake, stir, or blend until smooth.



#### BENEFITS & FEATURES

- A complete meal replacement\*
- An excellent source of protein and dietary fiber\*
- Blend of pea protein, quinoa, wolfberry, pumpkin seed protein, and alfalfa grass juice powder for a well-rounded diet\*
- Can be easily modified into your own personalized meal by adding almond milk, fruit, or Pure Protein Complete<sup>™</sup> to meet your personal needs<sup>\*</sup>
- Infused with Slique Essence essential oil blend to support weight management when combined with regular exercise and sensible diet\*
- Vegan formula
- No artificial colors, flavors, preservatives, or cholesterol
- Delicious Berry Breeze flavor sweetened with stevia, organic coconut palm sugar, wolfberries, and strawberries
- Non-GMO ingredients
- Formulated with naturally derived B vitamins, including natural folate
- A good source of potassium, folate (vitamin B9), pantothenic acid (vitamin B5), and chromium
- An excellent source of vitamin C, thiamin (vitamin B1), riboflavin (vitamin B2), and vitamin B6
- Rich in phosphorus, iodine, magnesium, zinc, selenium, copper, molybdenum, iron, and niacin (vitamin B3)
- High potency manganese (150 percent)

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#### CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use.

#### INGREDIENTS

Pea protein isolate, Isomalto-oligosaccharide, Medium chain triglycerides, Tapioca dextrose, Organic coconut palm sugar, Natural flavor, Organic quinoa powder, Organic pumpkin seed protein, Xanthan gum, Strawberry fruit powder, Sodium citrate, Malic acid, Fruit & vegetable extract blend (Green tea leaf extract, Guarana seed extract, Red & white grape extracts, Grapefruit extract, Black carrot extract, Vitamin B3), Alfalfa grass juice powder, Organic wolfberry fruit powder, Stevia, Slique essential oil (Grapefruit rind oil, Tangerine rind oil, Spearmint leaf oil, Lemon rind oil, Ocotea leaf oil, Stevia leaf extract), Vitamins and Minerals: Dipotassium phosphate, Monosodium phosphate, Magnesium oxide, Zinc gluconate, Organic B vitamin blend (Guava extract, Holy basil extract, Citrus limon extract), Ascorbic acid, Molybdenum glycinate, Niacin, Copper gluconate, Biotin, Vitamin A acetate, Sodium selenite, d-Calcium pantothenate, Chromium nicotinate glycinate chelate, Riboflavin, Pyridoxine HCl, Potassium iodide, Methylcobalamin

Amount Per Serving	Slique Shake	with 1 cu almond mil
Calories	190	22
Calories from Fat	50	7
	% Daily Value	
Total Fat 6 g	9%	129
Saturated Fat 4 g	21%	219
Trans Fat 0 g		
Cholesterol 0 mg	0%	09
Sodium 410 mg	17%	179
Total Carbohydrate 23 g	8%	89
Dietary Fiber 7 g	30%	309
Sugars 11 g		
Protein 16 g	32%	369
\(\text{C}\)	00/	450
Vitamin A Vitamin C	8% 20%	15%
Calcium	20%	509
	30%	309
Iron Vitamin D	0%	259
Vitamin D Vitamin F	0%	209
Thiamin	20%	207
Riboflavin	25%	309
Niacin	30%	309
Vitamin B <sub>6</sub>	20%	209
Folate	15%	159
Vitamin B <sub>12</sub>	6%	69
Biotin	8%	89
Pantothenic acid	10%	109
Phosphorus	25%	259
Iodine	25%	259
Magnesium	20%	209
Zinc	20%	209
Selenium	25%	259
Copper	25%	259
Manganese	150%	
Chromium	10%	109
Molybdenum	25%	259

# FREQUENTLY ASKED QUESTIONS

Q. Is Slique Shake gluten free?

A. Yes.

Q. Does Slique Shake have any soy-, dairy- or nut-derived ingredients?

A. No.

Q. Is this considered a raw product?

A. Yes, Slique Shake is considered a raw product since it is processed under 118 degrees Fahrenheit.

## Q. Does Slique Shake have a specific flavor?

A. Slique Shake flavor is called Berry Breeze. "Berry" because it's comprised of strawberry, wolfberry, and raspberry powders. And "Breeze" because it is a lightly flavored shake. This light flavor can be blended with your favorite fruits, vegetables, and essential oils.

Q. Can you use it as a meal replacement more than once a day?

A. Yes. Slique Shake can be used more than once a day, as desired.

## COMPLEMENTARY PRODUCTS

Slique CitraSlim™ Item No. 3056



Slique® Essence Item No. 4586



Slique® Bars Item No. 5024



NingXia Red® Item No. 3042

